



Dozens of bodies found so far in this former British island and over 70% of homes are destroyed. No water, no electricity . . .

Just where do you start?

Give essentials

So easy for us to give . . .

. . . so hard to cope without.

Here's the list

Please take to the Holt Superstore

by 17 October

- Antiseptic ointment
- Plasters and dressings
- Ibuprofen and Paracetamol
- Pampers
- Wipes
- Solar lights
- Air beds
- Clothes (remember it is 28 degrees in Dominica today)
- Toiletries – toothpaste, soap, toilet paper
- Detergent and bleach
- Water purifying tablets
- Car chargers – that plug into a car's 12V socket to charge a phone through USB

Give money

Tina Alexander (who many will know, mentioned in the St. Katharine's article in the village magazine) lives in Dominica where she runs **Lifeline**, a charity supporting the disadvantaged. Her daughter was injured when their roof blew off in the hurricane.

Giving to **Lifeline** is the best way to give much-needed financial support **straight to the people who need it** to begin rebuilding their homes and their lives.

Please give generously and use the gift aid option to increase your donation by 25%.

Here's the link

<http://www.lifelinedominica.org/get-involved.html>



Here's Tina a few days ago looking for help for the wounded, ill and distraught. No roads are passable – her office chair is the only transport she could find.